



Dear Families of KWS Athletes,

For the past five years we have been participating in a concussion screening program (ImPACT), which all of our student-athletes take at the beginning of the school year. This is used by most schools, and the initial test creates a baseline which will be used in case of an injury/possible concussion. Once the baseline is established, it can then be used as a baseline if another injury occurs; the student takes a second test post-injury, and those results are compared to the baseline test, by a doctor, to best determine a diagnosis and treatment.

This test is required for all students in grades 6-12. If your child took this test last year, there's no need to do it again this year, as they are good for 2 years.

The test should be taken at home. I have included the link and customer code in this email. When you have time at home, please help your student sign on and fill out the information. Please do not distract or help your child once the test begins. (You can help them fill in all the questions at the beginning, which are admittedly very tedious.)

All testing is expected to be completed by the start of the season for fall athletes (tennis, xc, soccer and volleyball), and any off-season training for basketball. When the test is finished, forward the email you receive upon completion to me at [ecuesta@kimberton.org](mailto:ecuesta@kimberton.org)

Go to:

<http://www.impacttestonline.com/testing>

Enter code/password (not case-sensitive):

R5VFFUJDCR

It will guide you through the baseline test from there. Again, please do not distract or help your child once the test begins.

We are very committed to having healthy students on and off the field, and feel this test is an important measure to help us ensure our students are at their best. Concussions ARE brain injuries, and are unfortunately becoming more and more common in youth and high school sports. This is one way we can help diagnose them and keep our student-athletes healthy and safe!

Here's to a happy and healthy 2019-2020 school year!

-Elizabeth Cuesta  
Athletic Director